

# Prepare for Your Visit:

What to ask your doctor about erectile dysfunction (ED).

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## Next steps:

- Make an appointment to see your doctor.
  - Talk to your doctor about your symptoms and full medical history.
  - Ask if treatment is right for you.
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## What to ask your doctor:

By asking questions about ED, you can help make the most of your visit. It helps your doctor get the information he needs to find out if you have ED and if there is a treatment option that's right for you.

### Diagnosing ED:

- What could be causing my ED symptoms?
- How is ED diagnosed?
- Do I have to talk to a specialist, like a urologist?

### ED and my health:

- Could my ED be caused by another medical condition?
- Can I treat my ED by treating the condition that caused it?
- Can ED be a sign of a more serious medical condition?

### ED and my lifestyle:

- Could smoking and/or alcohol be causing my ED?
- Could lifestyle changes, like diet and exercise, help my ED?

### Some things to tell your doctor:

- How often you have difficulty getting or maintaining an erection.
- What types of medicine you are currently taking.
- All other medical conditions.



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